

COVID-safe at Albies

The following information has been provided to answer questions you may have about the management of COVID-19 when you return to College. The guidelines have been put together to help you make decisions that will keep you and others safe and should be read in conjunction with the [COVID-19 rules | NSW Government](#) as well as the UNE COVID-Safe campus information [here](#).

The guidelines will be reviewed pending advice from NSW Health.

What do I need to do before returning to College?

- Test inside the 24hrs prior to returning
- Do not return if you are feeling unwell or have COVID 19 symptoms – runny nose, coughing, sneezing, sore throat
- Do not return if you have tested positive and are within the isolation period

How can I protect myself and others from COVID while at the College?

- The most effective way to protect yourself and others is to stay up to date with vaccinations, practice social distancing where possible, wear masks indoors or when social distancing is not possible and observe hand sanitizing protocols
- Minimize close contact with others
- Use QR codes to check in when arriving at College and check out when departing

When should I get tested?

- Prior to arriving to live in College
- During higher-risk periods (such as during orientation and beginning of trimesters)
- If you are identified as a close contact of a confirmed positive case
- If you develop symptoms
- When attending face-to-face subjects and intensives on campus
- When leaving isolation following COVID-19 infection/close contact status
- When returning to UNE sites, including College, from a high-risk setting, gathering or location
- When the Principal or Deputy Principal deems there is an increased risk of COVID-19 transmission that requires health surveillance measures

How will I get tested?

- RAT kits will be available at the College and they are also available from UNE Life HQ, 8.30am – 4pm weekdays
- PCR testing sites across NSW can be found [here](#).
- In Armidale, PCR testing sites are:

[Armidale Hospital Drive-through Clinic](#)
[Douglass Hanly Moir Pathology](#)
[Lavery Pathology Armidale Drive Through](#)

What do I do if I return a positive Test?

- Notify the College so we can support you and notify close contacts
- You must register your test result with Services NSW to understand your risk and access support from NSW Health
- Isolate and follow the NSW Health advice for testing positive
- You may choose to travel home if you can do so safely
- Otherwise, you are able to isolate in your room at College

How long is the isolation period?

- You will need to isolate for 7 days from the date of your test if you are a confirmed positive case
- You can leave isolation after 7 days if you have no symptoms
- If you still have symptoms after 7 days, you must isolate until you have been symptom free for two days

What will isolation in college involve?

- Confirmed positive and close contacts who do not choose to travel home will isolate in their own rooms
- You will be provided with supplies to undertake your own room cleaning
- You will use designated bathroom facilities used exclusively by students who are isolating
- Meals will either be delivered or collected from a designated area
- You will be able to leave your room to access medical care in an emergency or to exercise outside (not in the company of others)
- You must wear a mask at any time you need to leave your room. It may be removed during exercise.
- College staff will conduct daily welfare checks via phone

What do I do if I return a negative Test?

- If you are a household/close contact of someone with COVID then you must continue to isolate for 7 days
- You must follow the [advice for people exposed to COVID-19 to determine your risk.](#)
- To determine if you had a high risk exposure use the [Information for people exposed to COVID-19](#) and follow the relevant isolation advice
- If you have symptoms, take another rapid antigen test in 24 hours or have a PCR test. If your second test is positive you are considered a confirmed case. If the second test is negative, you should isolate until your symptoms have gone.

If someone on my floor is a confirmed positive case do I need to isolate?

- You will need to isolate if you were a close contact ie have spent 4hrs in close proximity with a person who is a confirmed positive case
- During isolation, 7 days, you will need to monitor for symptoms and test

Can we still run events at College?

- Events can still run at College, in accordance with the COVID-19 safety principles for UNE Residential Events
- If you are planning an event, please check in advance with the Principal or Deputy Principal to ensure proper arrangements and risk assessments are in place